When your baby won't burp

Follow these steps for a baby who does not burp after a feed.

- [ ] Pat the baby's back for a few minutes with a cupped hand.
- [ ] Change position and try again for a few minutes.
- [ ] Move on when no burp comes after the second try.
- [ ] Keep the baby upright for 10 to 15 minutes after the feed.
- [ ] Burp every 2 to 3 ounces during bottle feeds.
- [ ] Burp each time you switch breasts.
- [ ] Burp more often for a gassy or spitty baby.
- [ ] Lay the baby on their back on a flat mattress for sleep.
- [ ] Call the pediatrician about poor weight gain or feeding refusal.

Notes

For general education only. Not a substitute for professional medical advice.
Read the full article: https://healthhorizonguide.com/parenting/baby-wont-burp/