Travel Skincare Packing Checklist

This checklist helps the reader pack a simple, airport-friendly skincare kit for any trip.

- [ ] Shortlist only the essential skincare products and choose multi-use versions, such as an SPF moisturizer.
- [ ] Check the destination's climate and pick heavier products for dry areas or lighter ones for humid places.
- [ ] Choose solid or stick formulations where possible to limit liquid content when flying.
- [ ] Decant products into small spray, pump or lid containers to reduce package load and spill risk.
- [ ] Keep liquids, aerosols and gels in containers of 3.4 ounces or less, all in one quart-sized clear resealable bag.
- [ ] Pack sunscreen for every trip, whether the destination is a beach or a mountain.
- [ ] Use a compartmentalized, see-through or mesh bag so products stay in place and are easy to find.
- [ ] Carry moisturizer, eye patches and a hydrating mist in the hand-held bag to offset dry cabin air.
- [ ] Wrap lids and caps with clear packing tape and store containers in a Ziploc bag to prevent leaks.
- [ ] Research the destination's travel rules, as some are stricter about ingredients such as CBD.

Notes

For general education only. Not a substitute for professional medical advice.